NOWLEY
TIME FOR CHANGE

Smart Watch
User manual

21-2019

Please read this user manual before using the device

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Operating System

In order to use the functions entirely, it need to be let the device connected with app, before download the app, please confirm operating system and hard ware can meet the requirements as below:

Android 6.0+   iOS 9.0+   BLE   Bluetooth 4.0+

Fast using guide

1.Download iband

◆Scan the QR code as below, choose the right platform to download app;

iband APP

Android[google play]	>
iOS [APP Store]	>
安卓下载[应用宝]	>
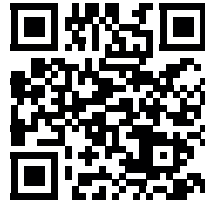
◆Also, source iband in application market to download

Android: google play
iOs: App store

2.Starting up
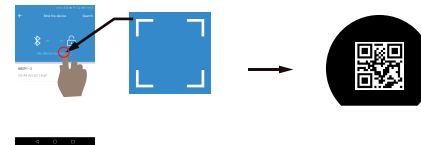
Long press the touch button

3.Device binding

Two methods to bind device

◇Scan QR code

1.Long press the pedometer interface on device and then export the QR code

2.Under the device binding interface in the app, click the "scan icon" and scan the QR code on device to bind the device. (first time need to the camera authority)

※Notice:if device has connected with phone, it can not export QR code.

◇ Sourcing device to bind

Search for HB091-3 under the device binding interface, then click and bind the device.

Bind the device   Search

No device bound

HB091-3
E0:44:AD:62:18:6F
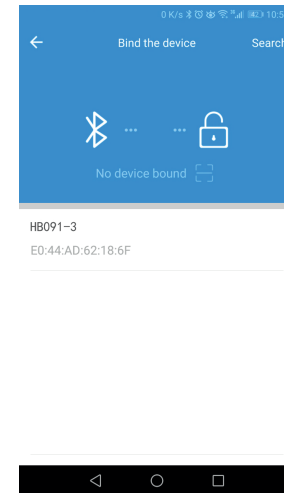
4.Start to use

4.1 Button definition
Click: function interface change
Long press: enter/exit function

4.2 Starting up

Long press the touch button 3 seconds under power off mode can start up device, there will show the dial plate interface after starting up.

※:Dial plate switch: various dial plate optional, can switch the dial plate by "more" interface in device or use the APP to switch the dial plate.
※Notice: Please keep the device with full power before first use, if the device was can not start up, please charge the device to full power.

5.Function Interface

1.[Pedometer]: show the on time steps
2.[Calories]:Show real–time calorie consumption
3.[distance]: Show sports distance.
4.[training]: Long press to enter the training interface;Click to switch the motion type and switch to the last one to exit;
Press and hold to start recording under each sport type, and press and hold again to end.i
5.[Heart Rate]: In this interface, the heart rate is automatically measured and click to switch to the next interface.
6.[Blood pressure]: Blood pressure is automatically measured on this interface, click to switch to the next interface。

※ Notice: Test will be failure once wear loose, please confirm device has best touch with wrist.
[Sleep]:Check last night sleep data in this interface。
※ 注： Notice: Test will be failure once wear loose, please confirm device has best touch with wrist.
8.[Message:]: Long press to check message, maximum save 8 messages, long press again to exit
9.[Weather]:Show weather information
※The interface cannot be showed if the weather data unconnected
10.[Sttting]:Long press to enter –Click to switch–Long press to exit.

◆[return]: Long press to return to the previous menu
◆[APP]: You can download the app by scanning the QR code.
◆[info]:Display the firmware information of this device.
◆[find]:Long press – the phone will ring and vibrate (valid when the bracelet and APP are connected)
◆[Alarm clock]:Show next alarm.
◆[brightness]:Each long press changes the brightness of the watch in turn.
◆[dialselection]:Long press to enter – click to switch the dial – long press to select and exit.
◆[off]:Long press to shut down.

APP Function

◆Call notification: the bracelet will vibrate when incoming call
◆Message notification: the bracelet will vibrate and show the new message
◆APP notification: the bracelet will vibrate and show the new APP news
◆Alarm setting: multiple alarms can be set in the APP, the bracelet will vibrate at the set time
◆Unit setting: metric or imperial can be set in the APP
◆Heat rate timing measurement: Time interval can be set for automatic measurement
◆Sedentary reminder: Time interval can be set for reminding the long seat ed off except the alarm within the specified time period.
◆lighten screen with hand rise: This feature can be turned off to reduce power consumption
Note: Please check if the authorities of APP for some functions are enabled, Otherwise it will affect the normal use.

Common problems

◇For IOS system, the watch cannot be found or connected in binding or QR code does not display
1.Your phone's Settings–––Bluetooth–––Ignore the Device before the watch can be detected.
2. Please bind again.

◇For Android system, the watch cannot be found or connected in binding or QR code does not display
1.Please check if the location function in your phone's is turn on to make sure it can search Bluetooth devise successfully
2.Unbinding device–Restart Bluetooth and rebinding
◇There is no notification reminder for incoming call and message
1.For IOS system, please restart the notification function if the watch and your phone have been connected successfully
.2.For Android system, please find the iband–––Settings–––about–––help, check the corresponding functions are enabled
Note: Unable to receive notification if the PC and PMC are turn on at the same time or turn off notification permissions in your phone.

warning

1.Please charge it in time to protect the battery life if out of power
2.Please do not charge in an environment above 50 degrees to avoid overheating and causing accidents
3.Built–in Battery, please do not disassemble it by yourself to avoid damaging the device
4.Please do not disassemble, puncture, crush, heat or burn. If the battery damaged, avoid contact with eyes and skin. In case of contact, rinse immediately with plenty of water and seek medical advice.
Warning: This product is not a medical device, all measured data of this device are for reference only.