NOWLEY SMART

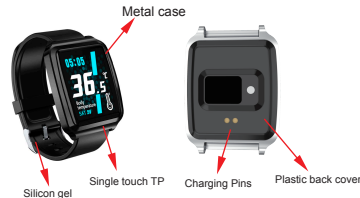**INSTRUCTION MANUAL 21-2036**

It is recommend to read this user manual carefully and keep it for future reference
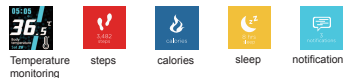

Product Overview

Metal case

Silicon gel

Single touch TP

Charging Pins

Plastic back cover

Specification

1. Waterproof IP67
2. Chipset HS 6620D
3. 1.3 inch IPS color display
4. Full touch Screen
5. 170mAh bettery(Stand by 10~15days)
6. Compatible with IOS & Android
7. Watch Size:45.5*37*9.5mm

Main functions

Temperature monitoring	steps	calories	sleep	notifications

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sedentary reminder | stopwatch | find watch | alarm | heart rate

blood pressure | off&on | blood oxygen

Operation(The bracelet)

Turn on
Long press the scrren to trun on the bracelet.

Clockfaces
After turn on the bracelet,Slide up to go into clock faces,there are total 3 clockfaces available.you can slightly press the the screen,it will show up 8 functions in turn.

sports information | sleep monitor | heart rate monitor | blood pressure monitor

blood oxygen monitor | message reminder | exercise mode | other function

Body Temperature monitoring
No need to touch the screen, the bracelet can automatically monitor body temperature and outdoor temperature

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Steps/Calories/Distance/Sleep Status
When you in the clock face,slid up to show Steps, Calories.Distance.Sleep status

Heart Rate / Blood Pressure / Blood Oxygen
Press the heart rate or blood pressure or blood oxygen, make sure the bracelet wearing properly,the bracelet will detect those datas automatically,the data will be available after 10 seconds.

Sports mode
There are three sports available,Runing,Cycling, Climbing.Press the icon to start those modes accordingly.

Messages reminder
You can check the messages from your phone, if there are so many messages,long press the home button to check every message.
Note:The function only works after connected with your mobile phone.

Other function
Long press into this function screen,orderly is stop watch,find,BT,turn off,return.
(long press to enter the interface)

Operation(The APP)
Synchronize the bracelet with your mobile device through the application
1.Download"Wearfit2.0"from APP Store(ios) or Google Playstore(Android).Also available from the OR code shown below.
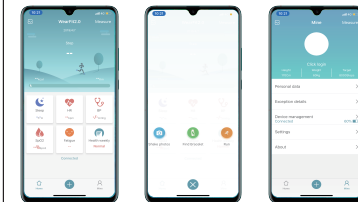
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2. Turn on the watch and the BT in your phone.
3. Open "Wearfit2.0"on your device
   (keep the watch near your phone while paring)
4. Searching BT name NWY16,Pair the watch with your device by following steps.
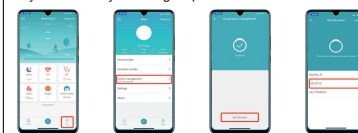
There are three main pages in the app.

Dashboard | Middle Page | Setting

Dashboard
On the dashboard,it will show all of your today' s fitness data like steps,calories,distance, sleep time heart rate blood pressure blood oxygen, You also can press to go into check data for a week or a month.

Middle Page
You could use remote camera and find device in this page,you also could use the GPS function in here.

Setting
Personal data:Set up all of your personal information like name,height,weight,birthday,gender etc.

Device Management:
1.Go into device management you can set up lots of notifications about call,message,social media.
2.You also can set up raise up your hands to brighten the screen.
3.You could set up to detect heart rate every hour automatically.
4.Here is anti-lost reminder,when your turn on this function,the watch will vibrate once its disconnected.
5.Sedentary reminders cana be set
6.APP reminder and Do not disturb mode can be set