NOWLEY
SMART
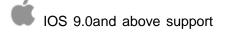
Instruction manual 21-2040

1) The adaptation platform requirements.

Android 5.0 and above support Bluetooth BT4.0

IOS 9.0and above support

2) Preparation before use

For the first time, please make sure that the Smart Bracelet is fully charged. If the device cannot be turned on, please charge the Smart Bracelet first.

3) APP download method.

You can download the Android app by search "HryFine" in the app market or scan the QR code,

and the IOS version can download by scan the QR code.

4) Pairing your device.

● Press and hold the Smart Bracelet touch button to turn on the Device, please make sure the phone is Bluetooth enabled (Android needs to turn on GPS).

● Open "APP" on the mobile phone - click the button on the front page, or go to the device interface to search for the device. After searching for the device, select the MAC string that matches the Smart Bracelet.

- After the "Bluetooth Request Pairing" reminder APPears on the Smart Bracelet, long press the touch button to connect to the APP.

5) Function list.

- When the Smart Bracelet is successfully connected, the date and time of the mobile phone will be automatically synchronized.

- APP can synchronize the movement data of the bracelet, such as: heart rate, blood pressure, blood oxygen, step, body temperature，sleep and other data.

- Function list: home page, status, heart rate measurement, body temperature measurement, sports mode, information, more functions.

- Sports mode: running, skipping, sit-ups, long press to confirm function / cancel.

- More functions: Do not disturb mode, music playback, stopwatch, find mobile phone, long press to confirm function / cancel.

- Information list: View the message pushed by the mobile phone.

- More functions: remote control camera, find mobile phone, main page style switch, restore factory settings, APP download QR code, shutdown, MAC address.

6) Smart Bracelet operation.

- Home: Display time, date, battery step data, etc.

- Step by step: Count your step data for the day, clear the data at 00:00h, you can view the historical steps in the APP.

- Status: Enter the status data interface to display the number of steps and walking distance and calorie data. Clear the data to 00:00h.

- Heart rate: Press and hold for 2 seconds to automatically turn on the heart rate measurement. After the measurement is completed, the heart rate result is displayed and uploaded to the APP. When the heart rate is measured, the blood pressure data and blood oxygen data are also displayed.

- Sports: display multiple sports modes, display exercise time and calorie consumption during exercise.

- Information list: message reminded by APP, long press on the information function page to view the content of the pushed message.

- Remote control photo: When the mobile phone is in the APP interface, the wristband will press the remote control to take a photo, the mobile phone will automatically enter the camera interface, and the mobile phone will automatically take photos.

- Find a mobile phone: When connecting with an APP, look for the bracelet function page and press and hold the phone to make a ringtone vibrate.

- Music player: can control the phone's music playback.

- Dial push: APP can set the phone's picture as the bracelet dial.

- Theme style switching: select different dial styles, long press to confirm the style, return to the main page is the set style.

- Restore factory settings: reset your bracelet device, all the bracelet information is cleared.

- APP download QR code: use the mobile phone to scan the QR code to download the associated APP application and bind the bracelet.

- Shutdown item: Shut down the interface and press it to turn it off. After turning off the device, press and hold the touch button to boot.

- MAC address: Displays the MAC address of the current device.

7) Remark.

I. If there is any problem with the quality of the product or the use of the product, please contact the store directly.

II. The measurement results of this product are for reference only and are not intended for any medical use or basis. Please follow the doctor's instructions and must not self-diagnose and treat according to the measurement results.

III. The product waterproof rating is IP65, which means that cannot get wet.

IV. The company reserves the right to modify the contents of this manual without prior notice. Some functions are different in the corresponding

software version.