

INSTRUCTION MANUAL 212101

Function description

1.0 The side button

- 1) Power on: Long press the button for 3 seconds to turn on the watch, short press the button to light up the watch if it is in standby mode.
- 2) Power off: if the screen is on, long press the button for 3 seconds to turn off the watch
- 1. 1 Standby dial interface:
 - 1) Right slide to open the push message interface:
 - 2) Left slide to see the sport date record
 - 3) Slide down to open the drop-down menu, display status about battery energy,



brightness level, not disturbing setting and blue tooth connection:

4) Slide up to open the menu:



5) Long press the dial interface can enter to the dial choice interface. There are four available dial interfaces can be chosen:



After choose the dial you want, click the screen to back to dial interface



The standby interface slides right to open the push message interface, the bracelet is bound (FunDo App), and the notification message is opened. The new message received by the mobile phone notification bar will be pushed to the bracelet. A total of 8 messages can be saved. Messages received later will overwrite the previously received messages one by one.

1.3 Drop-down menu

The standby interface slides down to open the drop-down menu interface.:

1) Up icon to display the Bluetooth connection status

- 2) Down icon to display the battery energy level
- 3) Right side icon to adjust screen brightness
- 4) The left icon to display not disturbing status



(walking, running, treadmill running, cycling, skiing, record)

- 1.4.1 Select the corresponding sports mode, click +/- for setting the sport target and click the screen to enter the countdown 3,2,1 directly into the corresponding sports mode; slide up and down to view the current exercise status, and swipe right to enter the start/pause interface. At this time: click the triangle button to continue the exercise; click the lower square pause button to stop and save the data. can view the exercise record in the history.
- 1.4.2 The motion data can be saved when the distance is greater 200 meters or the exercise time is greater than 5 minutes; less than this condition, when the motion is saved, it will prompt "Too little data to save"
- 1.4.3 After the bracelet is bound (FunDo App), clicking the synchronization on the APP motion history interface can synchronize the history data of the bracelet end movement, and can view the track and detailed data on the app side



1.4 Sport mode

The step is enabled by default. This interface displays the current number of steps in the bracelet. The data is cleared every day at 12 am.



Put the bracelet correctly on the (left/right) wrist and enter the heart rate menu to continuously measure the heart rate value. After the bracelet is bound (FunDo App), the heart rate data is synchronized to the app in real time.



1.7 Sleep monitoring

Sleep monitoring period: 21:00 to 9:00, the data generated by the wristband exits sleep monitoring, and the binding sleep data can be synchronized to the App after binding (FunDo App)

1.8 weather

The mobile phone is connected to the network, the App has acquired the weather, the bracelet is connected to the distribution app, and the weather in the app is pushed to the bracelet.



1.9.1 About

On View the Bluetooth name and Bluetooth address and version number of the bracelet



After clicking Shutdown, the bracelet is turned off

1.10 Bluetooth music

1.11 Stopwatch

1.13 phone-Finder



Open the mobile music player after the bracelet is connected (FunDo App), and control the music play/pause and switch songs on the wristband



Click the stopwatch to enter the timing interface, click the start icon to turn on the

to pause.

timing, and click the icon



The bracelet is connected to the FunDo App, and the alarm clock set in the app is synchronized to the bracelet



After the bracelet is connected to the FunDo App, click on the bracelet to find the phone, and the phone pops up a prompt box.

1.14 Remote control camera



After the bracelet is connected to the FunDo App, take a photo in the App, the remote camera icon will be displayed on the wristband and the phone will automatically turn on the camera. Tap the screen on the wristband to control the phone to take photos, and the photos will be stored on the phone.



1.15 Heard rate monitoring

1) After the bracelet is connected to the FunDo App, the heart rate monitoring function of the mobile phone is turned on. The bracelet also enters the heart rate monitoring and is worn on the wrist (left / right). The bracelet can synchronize the monitored heart rate data to the mobile phone.

2) The bracelet monitors the heart rate when the bracelet is not connected to Fundon app, and the bracelet can retain up to 5 sets of data locally, which will be synchronized to the heart rate history after being connected to FunDo App.



1.16 blood pressure Put the bracelet correctly on the (left/right) wrist and enter the blood pressure menu to measure the single blood pressure value. Under the premise of the bracelet binding (FunDo App), the blood pressure data is synchronized to the app in real time.



1.17 Blood oxygen

Put the bracelet correctly on the (left/right) wrist and enter the blood oxygen menu to measure the single blood oxygen value. Under the premise of the bracelet binding FunDo App, the blood oxygen data is synchronized to the app in real time.

Binding FunDo App

- 1 FunDo download method
- 1.1 Scan the bracelet end QR code download





1.2 Application market search download

Android: App treasure, pea pod, Google play and other application market search Fundo or transfer to download

IOS side: Search FunDo or distribution in the APP Store Download



Android phone: FunDo installation completed application icon as shown:



IOS mobile phone: FunDo installation application icon as shown:

- 2 Binding Bluetooth
- 2.1 Unconnected state:



After the bracelet is turned on, Bluetooth is always in the search state. After opening the App, enter more-connected devices, click search, and select the corresponding bracelet device name to bind the bracelet to the FunDo App.

2.2 Connect to APP

In the App,



Click "More"

Click "Add device"

Click the device name

2.3 Find device

The bracelet is successfully bound to the FunDo App, and the mobile app clicks to find the bracelet, and the bracelet shines and vibrates

2.4 Data synchronization

The bracelet and the FunDo App are successfully bound, and the health data of the wristband can be synchronized to the app: the heart rate, sleep, blood pressue, blood oxygen

2.5 Message push

The binding of the bracelet to the FunDo App is successful, and the corresponding notification permission in the mobile phone system is opened, and more applications are notified in the app to notify the application, and the corresponding third-party application is opened

2.5.1. Call notification

In the personal application, the call notification is turned on. when the mobile phone receives one or more incoming calls, the wristband will receive one or more incoming call reminders at the same time:

2.5.2. SMS notification

Open SMS notification in the personal application. When the mobile phone receives one/multiple SMS messages, the wristband will receive one/ multiple SMS reminder notifications at the same time

2.5.3. Other application message notifications

In the personal application, the corresponding application message notification switch is opened, such as WeChat, QQ, Facebook, Twitter, etc. When the mobile terminal receives one/multiple application message notifications, the wristband end will receive one/multiple corresponding messages at the same time.

2.6 Not disturbing model

When the Not disturbing model is turned on, only finding bracelet and the alarm will vibrate.

2.7 Drinking water reminder

Set the start to end time period and frequency (minutes), click to enter the repeat settings to select the water reminder date (week), check the drink reminder and save. When the water reminder time arrives, the wristband will vibrate.

2.8 Sedentary reminder

Set the start to end time period and sedentary time interval (minutes), threshold (steps), click to enter the repeat setting to select the sedentary reminder date (week), when the sedentary time arrives, the wristband vibrates

2.9 Alarm reminder

Click the alarm reminder setting to add the alarm time. When the alarm time arrives, the bracelet will vibrates

2.10 Heart rate detection

Set the start to end time period and sedentary time interval (minutes), check the heart rate test and save

2. 11 Firmware upgrade

It can detect whether the firmware version of the bracelet is the latest version. If there is a new version, it will prompt to update and upgrade to the lastest version.

2.12 Untied

The bracelet is bound to the FunDo App. In the more interface, click the connected device name or left-slide to unbind. The apple terminal also needs to ignore the paired device in the phone settings as below picture:

No SIM ♥ 19:24 \$ ■→ Settings Bluetooth		No SIM 奈	19:24 L18T	* ■→	lick the
				"	Forget this Device''
Bluetooth		Forget This De	vice	x	
Now discoverable as "iPhone".	Click the "i"				
MY DEVICES					
L18T Connected (i)					
OTHER DEVICES 3					
To pair an Apple Watch with your iPhone, go to the Watch app.					

Charging

Product activation and charging (the first time you need to activate the product by charging; it takes more than 2 hours to fully charge the product, please charge it in the correct way)

* Note that the two contacts on the back of the watch cannot be in contact with each other with a conductor material or it can cause a short circuit in the circuit board, damaging the watch.