



21-2203 / 21-2204

Introduction

Thank you for choosing our smart watch. NWF18Pro is a smart sport watch. It can help you to achieve your sport goals. Content in the package:
 •NWF18Pro smart watch x 1
 • User manual x 1
 • Charging dock x 1

Setting Up Your NWF18Pro

First, you need to download and install the SMART-TIME PRO app on your phone. The SMART-TIME PRO app will allow you to set your fitness goals, track your progress, share progress with friends and more.

Connect to NWF18Pro via your mobile phone
 SMART-TIME PRO APP supports the operating system of IOS 11.0 and Android 5.0 or above, and BT 5.0&3.0. It is available for more than 150 mobile devices.

1. Turn on Bluetooth on the mobile;
2. Download APP: [SMART-TIME PRO](#);



App Store: SMART-TIME PRO





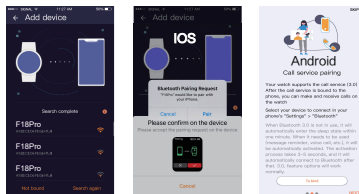
Google Play: SMART-TIME PRO

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4. How to pair the watch for iOS users:
 First step: [Open APP>device>add new device> choose NWF18Pro](#)
5. In the search list, select the NWF18Pro with the strongest signal and confirm the pairing by clicking the pairing button on the watch screen as prompted by your phone. The Bluetooth icon on the watch will be blue in color, indicating that you are connected to Bluetooth 5.0.

*** Bluetooth 3.0 connection:**
 iPhone users support Bluetooth 5.0 + 3.0 dual Bluetooth one-key link (match according to the system prompts box operation)

Android users need to first time in the Bluetooth pairing interface in the "call service pairing options" click "to bind" and then follow the interface operation prompts to complete the Bluetooth 5.0 + 3.0 pairing, subsequent links to the phone will be on the watch 3.0 Bluetooth memory, so as to achieve dual Bluetooth one-key link (if not automatically connected to Bluetooth 3.0, please manually search for Bluetooth watch model "NWF18Pro" on the phone)



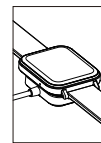
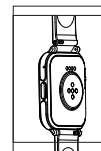
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Quick Fit Strap

The smart watch contains two parts (watch body and Strap), you can purchase separately strap and switch as your preference.

Charging Instructions

Charging: Turn the watch over, align and attach the charging pins to the magnet gold prongs. You will see the charging icon on the watch screen within 5s. Charging fully may take 2 hours. You will see the battery icon is full if the watch have been fully charged. Please clean the charge interface before charging for fear that the remaining sweat erode gold metal contact or other risks.



Functions

Change watch face:

Long press the screen, swipe to choose, click to confirm. Download more from APP. Open APP—Device—Watch Face, you can choose Online Dial or Custom Dial with your phone picture.



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Sports:

This smart watch supports up to 100+ sports modes, fitness, leisure, competition Classes, ball games, dance classes, including: running, walking, treadmill, mountaineering, cycling, bike, yoga, basketball, football, badminton and other sports. NWF18Pro watch supports sports customization, which can be customized in more than 100 sports modes favorite sport.



Sports customization: APP "sports" - "custom" - "add" will link to sports category page, click the sport name to add.



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Activity:

After wearing the watch correctly, open the "Activity" application in the watch application; display the number of steps, calories, distance and other parameters of the day's exercise.

Play music:

Open the "Music Control" app in the watch app; you can control the music playback of your phone, and support operations such as previous track, play/pause, next track, and volume adjustment.

Heart rate:

Wearing the smart watch correctly, not too tight or loose, make sure no green light leak, there is two measuring ways:
 • Turn on the heart rate icon on the watch and measuring heart rate by manual.
 • Set automatic monitoring time interval in app (monitoring once every 15/ 30/ 60/ 120 minutes).

Blood pressure:

Wear the watch in a right way, and open the menu—blood pressure, measure it manual.

SpO2:

After wearing the watch correctly, open the "SpO2" in the watch; manual blood oxygen measurement is required.

Stress:

After wearing the watch correctly, open the "stress" in the watch; check how much psychological pressure you are feeling.



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Dial:

The smart watch supports Bluetooth calls, and users can make, answer, and reject calls directly on the watch.

Notice:

You can view the text messages in the mobile phone and the real-time information pushed to the watch.

Sleep:

After wearing the watch correctly, open the "Sleep" in the watch; record the sleep status throughout the night.

Stock market:

APP "Device" - "Stock Market" - "Add" jump searchpage, click the search icon at the top right to enter the stock name to searchAdd it.

Camera:

Control the camera on the mobile phone to take pictures remotely. When using it, please click "Device-Take Picture" on the APP to turn on the camera.

Alarm:

Set the alarms in APP and sync to watch, maximum 5 alarms.



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Find phone:

When the watch is connected to the APP, the phone will make a sound after clicking smart watch this function.

Timer:

Custom time countdown.

World clock:

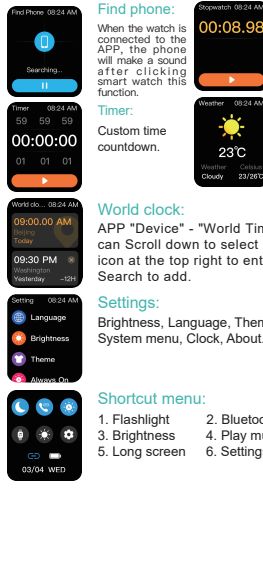
APP "Device" - "World Time" - "Add", you can Scroll down to select or click the search icon at the top right to enter a region name Search to add.

Settings:

Brightness, Language, Theme, Always On, System menu, Clock, About.

Shortcut menu:

1. Flashlight
2. Bluetooth 3.0 switch
3. Brightness
4. Play music
5. Long screen
6. Settings



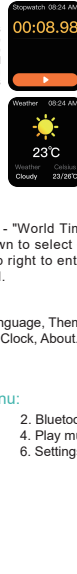
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Stopwatch:

Electronic timer can record one time or record multiple times.

Weather:

Weather forecast.



Specification

Wristband length	258mm
Wristband width	20mm
Weight	50.5g
Battery	260 mAh Poly-Li
Waterproof	IP68

Troubleshooting

Heart-rate signal missing

The NWF18Pro smart watch keeps paying attention to your heart rate data during your exercise and your daily life. Sometime the watch may not get a suitable heart rate signal. At this time, the missing heart rate data will appear at the dotted line.

If you can't get the heart rate number, first you should confirm that you wear the watch correctly, adjust it to avoid being too high or too low, neither too tight nor too loose on your wrist. After adjustment, turn on real-time heart rate monitoring to get the data.

If there is still no heart rate data, check if the heart rate monitoring function is turned on at SMART-TIME PRO APP.

Other problems

If your mobile cannot pair the watch, click Settings Bluetooth in your mobile and check if there is signal of NWF18Pro. If yes, it means there is no problem with the Bluetooth signal. Please check if the watch is paired with other phones, please unbind it. IOS device users should click Setting - Bluetooth - ignore this device and then pair it.

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Exemption Clause

1. The Heart Rate and Blood Oxygen data output are not intended to be a medical or diagnostic basis.
2. Self-diagnosis and self-treatment are dangerous. Only qualified physicians are allowed to diagnose and treat high blood pressure or any other heart diseases. Please contact your physician for more professional diagnostic opinions.
3. The smartwatch data such as heart rate, blood oxygen, etc. may not be completely accurate due to factors such as interference with environmental signals, wearing posture, changes in the climate environment, and physical condition.
4. DO NOT carry out drugs and treatment on the basis of the monitoring data provided by NWF18Pro, and should follow the medical medication and treatment are required, and we are not liable for the inaccuracy of monitoring data and the consequences of misuse of monitoring data and information.

Warranty Clause

Our company always pursues the service concept of "creating value for customers". We offer 1 year warranty period for NWF18Pro smart watch. If there is any damage or malfunction during normal use, the warranty service will be provided to the customer free of charge by our technician. The following conditions are not covered by the warranty:
 A. Accident or human damage
 B. Testing, repairing or disassembling without authorization
 C. Contamination due to human reasons
 D. Damage caused by connection with equipment which is not compatible
 E. Natural aging
 F. Damage caused by Force majeure



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